



• Field 가정의학, 평생건강관리, 건강증진, 비만, 노인의학, 약물역학

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## Education background

서울대학교의과대학 의학박사  
서울대학교보건대학원 보건학석사  
고려대학교 의과대학 졸업

## Major careers

서울대학교병원 인턴 및 가정의학과 전공의  
고려대학교의료원 안암병원 가정의학과 전임의  
미국하버드대학교 의과대학 교환교수  
현) 한림대학교성심병원 가정의학과 교수  
현) 식품의약품안전청 중앙약사심의위원회 전문위원  
현) 한국의약품안전관리원 안전성평가 전문위원  
대한약물역학위해관리학회 학술이사  
대한가정의학회 홍보이사  
대한가정의학회 총무위원, 간행위원, 고시위원 역임  
대한비만학회 간행위원 역임  
대한가정의학회 비만연구회 간행연구위원 역임  
대한약물역학위해관리학회 교육이사  
대한기관윤리심의기구협의회(KAIRB) 교육위원 역임

## Studies & Books

[논문]

1. Gender Differences in the relationship between carbonated sugar-sweetened beverage intake and the likelihood of hypertension according to obesity (INTERNATIONAL JOURNAL OF PUBLIC HEALTH)
2. Comparative Safety and Effectiveness of Denosumab Versus Zoledronic Acid in Patients With Osteoporosis: A Cohort Study (JOURNAL OF BONE AND MINERAL RESEARCH)
3. Sex differences in the association between obesity and albuminuria among Korean adults: a cross-sectional study using the Korea National Health and Nutrition Examination Survey data (CLINICAL AND EXPERIMENTAL NEPHROLOGY)
4. The neutrophil-to-lymphocyte ratio in children with sudden sensorineural hearing loss: a retrospective study (ACTA OTO-LARYNGOLOGICA)
5. Relationships between cognitive function and body composition among community-dwelling older adults: a cross-sectional study (BMC GERIATRICS)
6. High consumption of salt-fermented vegetables and hypertension risk in adults: a 12-year follow-up study (ASIA PACIFIC JOURNAL OF CLINICAL NUTRITION)
7. The Association between Polypharmacy and Dementia: A Nested Case-Control Study Based on a 12-Year Longitudinal Cohort Database in South Korea (PLOS ONE)
8. Brief Report: Utilization of the First Biosimilar Infliximab since Its Approval in South Korea (Arthritis and Rheumatology)
9. Associations between sugar intake from different food sources and adiposity or cardio-metabolic risk in childhood and adolescence: The Korean child-adolescent cohort study (Nutrients)
10. Association between High Blood Pressure and Intakes of Sodium and Potassium among Korean Adults: Korean National Health and Nutrition Examination Survey, 2007-2012 (JOURNAL OF THE ACADEMY OF NUTRITION AND DIETETICS)

[저서]

약물역학 (서울대학교출판문화원)

한국인의 평생건강관리 제3판 (국진피앤디)

최신가정의학 (도서출판 한국의학)

소아, 청소년 비만 / Child and Adolescent Obesity (학지사)

우리 아이 건강하게, 날씬하게 / Helping Your Child Lose Weight The Healthy Way (도서출판 한미의학)